



HOLY TRINITY
EPISCOPAL CHURCH

TRINITY TRIBUNE

feel the love!

February 2017

FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

Dates to Remember

3	6:00pm Newcomers' Dinner
4	9am Women's Group
12	Youth Sunday
14	Valentine's Day
18	ECMN Discernment Meeting 8am-12pm
19	Vestry Meeting
25	Winter Bloodmobile Drive
3/1	Ash Wednesday
3/5	Lenten Series begins

How to Reach Us

Address	1326 4th St. Po Box 65 Elk River, MN 55330
Office Hours	Wed/Thurs/Fri 9:00-12:00pm (Sept-May) Clergy office hours Wednesday 10:00—12:00
Phone	763.441.5482
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Our Mission Statement

Holy Trinity is a diverse and multi-cultural community which listens to God's word and does God's work. Wherever you are in your journey, you are welcome here.



We're going to do a shortened version of the Newsletter this month. It is more streamlined and focused on events and activities. Let me know what you think of it.

You will see pictures in this issue of many of you doing God's work in the Feed My Starving Children Ministry Day on Saturday, January 14, 2017, in Coon Rapids. We will have another FMSC (Feed My Starving Children Day) in April after Easter Sunday. If you haven't engaged in this ministry, you will want to sign for the next Ministry Day. Thanks to each of you who are and continue to be Christ's hands and feet in a broken world.

Lent begins on Ash Wednesday, March 1, 2017. We will have the Imposition of Ashes and Holy Eucharist at 7:00pm. Lent is a time of self-examination and repentance. It is also a time to come closer to God through prayer, fasting and self-denial, and by reading and meditating on God's holy word.

Every year I believe we need to look at our lives, our hopes, dreams and aspirations. Lent affords us this opportunity both individually and in community. It's time also to assess ourselves as a faith community in our mission and ministry. Pay special attention to the All Parish Forums we'll be having this Lent to delve deeper into knowing and loving God.

Have a fantastic February and stay well, be good of heart and let go, let God!

Fr. Rob+

WHY DO WE KNEEL DURING THE SEASON OF LENT?

Kneeling during parts of the liturgy during Lent is in stark contrast to what we have been doing since Easter which has been standing for most of the service including even The Confession. Standing signifies that we are Resurrection people and we had just gone through the season of Lent and Holy Week. During Lent, we will be kneeling more than usual because:

- Kneeling denotes reverence and humility.
- Lent is a time of introspection and reflection.
- It is common across the Episcopal Church to kneel during the season of Lent.
- Kneeling is optional and if you prefer to stand you may do so.
- Kneeling is prayerful as many kneel in prayer on first coming into church.

Kneeling is part of who we are as Episcopalians – Sit to learn and listen, stand to sing and praise and kneel to pray especially for penitential prayer.

Looking Ahead: February and March Highlights

February 3, 2017	Newcomers' Dinner, 6:00pm
February 4, 2017	9am Women's Group
February 12, 2017	Youth Sunday
February 14, 2017	Valentine's Day
February 25, 2017	Winter Bloodmobile Drive, Times and details to be announced.
February 28, 2017	ECMN Discernment Meeting, 8:00am-12:00pm
March 1, 2017	Ash Wednesday, 7:00pm
March 5, 2017	<u>Lenten Series</u> on The Rule of St. Benedict, the Benedictine Grounding of Anglicanism and How to Use Benedictine Principles in One's Life. Kate Maxwell, OSB, of St. John the Evangelist Episcopal Church, Minneapolis, will be the presenter and facilitator. Details to be announced.
April 9, 2017	The Sunday of the Passion: Palm Sunday, 10:00am
April 13, 2017	Maundy Thursday, 7:00pm, Agape Dinner and Holy Eucharist
April 14, 2017	Good Friday Liturgy, 7:00pm

Welcome to our new Vestry Members whom you elected on January 15, 2017!

Here is a brief background on them:

Christine Peterson:

Born and raised in Tucson Az and a born and raised Episcopalian.

My mother and father were pillars of our church and served in every capacity. This taught me to give my time and talents. In my journey as a Episcopalian. I married an Episcopalian and together we have taught every grade of Sunday school, ran the music program and wrote and directed the Christmas pageants and served on the vestry, I have always loved my church and my church family.

I hope to always be a part of a wonderful Episcopal family!!

Kate Hansen:

I have been attending Holy Trinity since 2000. I am currently active in the Women's Group and Altar Guild and serve as a coffee committee chair. I am a past board member with Guardian Angels and current committee member on the Ethics Committee. I have also served on HTEC's Vestry and worked as Parish Administrator for several years. Holy Trinity is an enormous blessing in my life and I am looking forward to serving in my new position (Worship / Liturgy) on the Vestry .

Dick Andersen:

I was born in La Crosse Wi and grew up in south eastern MN. (Houston) After high school I served in the Army and then moved to Minneapolis. Ginny and I were married in 1964 and we raised two children Steve and Sherri. We lived in Columbia Heights for 46 years and then moved to Elk River as our daughter lives in Albertville and our son in Plymouth. We were looking for a Church and one day saw this little white Church with red doors so on Sunday we stopped and after service had coffee met Fr. Rob and Fr. Ken and so many other people. The church looked just like the ones we grew up in. We have been here ever since.



FEED MY STARVING CHILDREN MINISTRY DAY

January 14, 2017.

Special Blessings to all our February Birthday Trinitarians!

01 – Tim Ecklund	24 – Sally Lubrant
10 – Neil Larson	26 – Dawn Moyer
12 – David Bastyr	26 – Scott Svoboda
14 – Steven Bastyr	27 – Audra Keener
23 – Nel Luebesmier	29 – Jan Bentley

Contemporary Ensemble and Sr. Choir Rehearsal

Feb. 2nd	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal
Feb. 9th	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal
Feb. 16th	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal
Feb 23rd	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal



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EPISCOPAL CHURCH

Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. Thank you!

Altar Guild					
	Feb. 5	Feb 12	Feb 19	Feb. 26	
Greeter	Gina Cavanna	Marilyn Bina	Carl Newberg	Shar Baughman	
Child Care	Pam / Alex	Pam Toven	Pam/Alex	Alex Stewart	
Usher	Wally Kaminsky	Adrian Russell	Ben Bastyr	Dave Raitz	
Acolyte	Eric Andersen	Wiltie Russell	Matt Krieger	Deb Krogman	
Reader 1	Neil Larson	Jane Lindenfelser	Marion Marshall	Jane Lindenfelser	
Reader 2	Gail Weber	Gail Weber	Sherrill Newberg	Linda Krieger	
Prayers	Kate Hansen	Jane Lindenfelser	Sherrill Newberg	Marion Marshall	
Chalice 1	Scott Svoboda	Molly Stewart	Scott Svoboda	Marion Marshall	
Chalice 2	Jane Lindenfelser	Julie Raitz	Marion Marshall	Julie Raitz	
Counter	Kate Hansen	Molly Stewart	Linda Krieger	Jennifer Warner	
Coffee	Gina C. / Pam T.	Sweet Shoppe/RS	Sally L./ Deb K.	Taylor/ TBD	
Psalm	Psalm 112:1-9, (10)	Psalm 119:1-8	Psalm 119:33-40	Psalm 2 or Psalm 99	
Lesson 1	Isaiah 58:1-9a, [9b-12]	Deuteronomy 30:15-20 or Sirach 15:15-20	Leviticus 19:1-2,9-18	Exodus 24:12-18	
Lesson 2	1 Corinthians 2:1-12, [13-16]	1 Corinthians 3:1-9	1 Corinthians 3:10-11,16-23	2 Peter 1:16-21	
Gospel	Matthew 5:13-20	Matthew 5:21-37	Matthew 5:38-48	Matthew 17:1-9	

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Priest-in-Charge	Fr. Rob Cavanna	320-339-4852
Associate Priest	Fr. Ken Toven	218-259-6887
Parish Admin.	Pam Toven	218-259-6882
Director of Music	Bea Bastyr	763-441-4068
Head Usher	Dan Krieger	763-441-7072
Altar Guild Chair	Gail Weber	612-850-4250
Women's Group Co-Chairs	Linda Krieger Kate Hansen	763-441-7072
Women's Group Treasurer	Deb Krogman	763-225-7773
Men's Group Chair	Ben Bastyr	763-441-4068
Youth	Fr. Ken and Pam	218-259-6887

HTEC VESTRY MEMBERS

Senior Warden	Dan Krieger	763.441.7072 H
Junior Warden	Tim Ecklund	763.276.1434 H
Service	Dick Anderson	612-812-2581 C
Liturgy	Kate Hansen	763-441-6061 H
Education	Molly Stewart	763.753.6898 H
Evangelism	Sue Nagorski	612.868.9263 C
Pastoral Care	Christine Peterson	612-968-3445 H
Treasurer	Jeff Nagorski	763-234-5000 C
Vestry Clerk	Gina Cavanna	320-291-5456 C