



**HOLY TRINITY**  
EPISCOPAL CHURCH

# TRINITY TRIBUNE

*feel the love!*

**May 2017**

FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

## Dates to Remember

6	9:00am Women's Group
7	10:00am Land of Lakes Boys Choir in Worship
12	7:00pm North Star Boys Choir Concert and Ice
14	<b>Happy Mother's Day!</b> Sweet Shoppe Sunday!
18-19	Bring baked good for BBB
20	9:00am ECMN Discernment Meeting 10am-4pm Book Brat and Bake Sale
21	Red Nose Day
25	Ascension Day
6/3	2pm-4pm Feed My Starving Children

## How to Reach Us

Address	1326 4th St. Po Box 65 Elk River, MN 55330
Office Hours	Wed/Thurs/Fri 9:00-2:00pm (Sept-May)  Clergy office hours Wednesday 10:00—12:00
Phone	763.441.5482
E-mail	office@holytrinityelkriver.org
Website	Holytrinityelkriver.org

## Our Mission Statement

Holy Trinity is a diverse and multi-cultural community which listens to God's word and does God's work. Wherever you are in your journey, you are welcome here.



Holy Week was indeed Holy! Participation in the week's liturgies was at an all time high. The numbers alone don't "tell the tale," so to speak, but the energy and devotion with which the participants approached the events of the week as well as their participation in them. Palm Sunday opened the week with an outside Procession with Palm Fronds and the reading of the Passion. Thank you to all our readers who helped make the Passion come alive!

Maundy Thursday began with The Liturgy of the Word and foot washing. We then had the Eucharist in the Parish Hall where we feasted on the heavenly banquet and after it in a simple meal of friendship and fellowship. Thanks to Two Dudes Catering, Scott and Donald Svoboda, for their cooking the delicious 4 soups that we enjoyed as well as the salad and fruits. Thanks also to Jeff and Sue Nagorski for their very generous donation of wines from their own collection of home-made wines. Our guest harpist, Hannah Prange, played throughout the meal and it added so much to our Agape Dinner.

On Good Friday, our very own Trinitarian Actors' Guild read and acted in a unique Passion Play which many of you told me was so moving and real. Thank you to everyone who participated in this special liturgy which closed with Holy Communion from the Reserved Sacrament. Many of you told me you found the play most moving and inspirational.

Resurrection/Easter Sunday was a glorious celebration of Jesus' resurrection with beautiful music and pomp to mark the most important day of the Church Year. We had a packed church with many guests. Heartfelt thanks to Bea Bastyr, Director of Music, and to the Choirs who sang throughout Holy Week beginning with Palm Sunday. Your ministry is very much appreciated. Our kids enjoyed the Annual Easter Egg Hunt after the liturgy on Sunday thanks to Pam Toven, Molly Stewart and any others who either donated eggs or hid them before the service. I hope you all enjoyed the Easter maple creme egg and Easter scripture card from me as well as the chocolate covered strawberries from Scott Svoboda.

Easter is far from over because we are now in Eastertide, a season of 50 days, which runs through May 31, 2017 with The Feast of Pentecost on Sunday, June 4, 2017. For the reason that we will be celebrating Jesus' resurrection for 50 days, I'd like to focus this month on the meaning of the Resurrection for you and me.

Something happened. Something happened and something is still happening!

Something happened on a hill, in a garden and in an upper room long ago in Jerusalem. Something is happening on beaches, in churches, shopping malls, hotels and university campuses today; in villages we have never heard of and cities and towns where many of us have never been and where most of us will probably never go.

Something happened and something is happening!

What happened, on first glance, was not all that unusual. It was a brief encounter between a grief stricken woman and a caring gardener. But what actually happened changed lives and set in motion a tidal wave that continues to toss and turn people nearly 2000 years later. A question asked. A name spoken. A pair of eyes opened. A command given. A breathless run taken.

Where?

Mary.

Rabbouni!

Go. Tell.

I have seen the Lord!

It all started out so well and then turned so horribly, horribly wrong. In an instant the crowd went from **proclaiming him king, to demanding his blood. From cries of 'hosanna' to screams of 'crucify' in just a matter of days.** No wonder Mary stood and wept outside that cold, rock hewn tomb. She wept for the One she loved **who was now dead. She wept for herself. She wept for another, older Mary who was her dead friend's mother.** She wept for his friends hiding now in fear of their own lives. She wept thinking of the agonizing death He suffered. And now she wept at this last indignity: grave robbers who had stolen the body even before she and the others had had a chance to wash and anoint and dress it. She wept for all of this and more.

But then she noticed someone standing there. Surely the gardener. I can see it now. A stranger in a big floppy sun hat leaning on a garden spade with callouses on his hands, dirt under his nails and scratches all over **his face. He'd obviously been rooting out thistles.**

In an instant the tears of grief turned to tears of joy and 2000 years later we too can scarcely believe what has happened even as our own cries of **"The Lord is risen indeed! Alleluia!"** fill the air.

We are Christians because of what happened on that hill and in the garden outside Jerusalem. We are Christians because the One who died on that hill was seen alive three days later in that garden. **"I have seen the Lord!"** Mary announced breathlessly to Peter and John and even to his mother Mary. And so she says to us today **"I have seen the Lord!"**

Those five words turned the world upside down! They renewed love. They restored hope. They rekindled courage. **"I have seen the Lord". In five simple words Mary Magdalene changed the course of history** just as she changed the course of your life and mine.

What she saw and what she said was not an idea, or a thought, or a wish. It was not a dream, or a theory or a proposition. It was real. **"I have seen the Lord!"** And in an instant love was renewed. Hope was restored. Courage was rekindled.

It was this message: **"I have seen the Lord!"** that taught the disciples that hate, death and fear do not **have the last word. It was this message: "I have seen the Lord!" that propelled and compelled those early Christians to proclaim Christ's resurrection from the dead before councils and kings, before crowds and Caesars, in arenas and auditoriums. "I have seen the Lord!" Perhaps the five most amazing words ever spoken.**

Those five words turned a fearful band of defeated cowards into a bold company of witnesses who knew **Christ's defeat of hate and** No longer did they need to be afraid. No longer did they need to feel hopeless. Instead they could sing:

Christ is risen from the dead,  
Trampling down death by death,  
And upon those in the tombs  
Bestowing life!

Those five words continue to inspire people. They continue to renew love, restore hope and rekindle courage. We have seen it in villages in Syria, Afghanistan and Iraq. We have seen it in hotels in India. We have seen it in churches in Pakistan. We have seen it in shopping malls and schools in Uganda and Kenya. We have seen the power of those five words and how they have emboldened children in Iraq and construction workers in

Libya and worshippers in Syria and students in Kenya to know that hate and death and fear does not have the last word!

By his death Christ trampled down death by death not simply for himself but for them as well. By his death Christ trampled down death by death not simply for himself but for you and me as well.

**I don't think anyone goes happily to their deaths. I know I probably won't when the time comes. But knowing death is not the end will give me the courage to face death when it does come. I don't think any of those Christians who have been martyred went happily to their deaths. But knowing that fear and death and hate do not have the last word gave them, I hope, courage to face death when the time came.**

**"I have seen the Lord!" is not idle chatter of a gossip. They are words of power that can change lives. Those five words changed the life of Mary Magdalene. Those five words changed the life of Peter, Paul and John. Those five words changed the life of Cleopas and his companion. Those five words changed the life of Salome and the other Mary. Those five words have the power to change hate into love; to change death into life; to change fear into courage. Those five words have the power to renew love; restore hope and rekindle courage.**

Those five words turned a world upside down nearly 2000 years ago. They continue to turn the world upside down today in 2017! Those five words changed lives long ago in Jerusalem. They continue to change lives today. May the power of those words change your life today. By them may your love be renewed, your hope restored and your courage enkindled during these upcoming 50 days of Easter and for the rest of your life!

I have seen the Lord, proclaimed Mary. And her life was changed.

I have seen the Lord, proclaimed Mary. And the world was changed.

I have seen the Lord, proclaimed Mary. And your life was changed.

I have seen the Lord. Alleluia! Alleluia!

**Has your life been changed by Jesus' resurrection? Pray that it has and if it hasn't pray for Christ's hope, strength and trust to turn your life around and upside down. Lead a "resurrected" life and pass on Christ's hope to others.**

Christ has died.

Christ has risen.

Christ will come again!

Check out all the May Upcoming Events on the Calendar **in this issue**. Please don't forget Friday, May 12, 2017, for a Fun Family Concert with the North Star Boys Choir followed by an old fashioned Ice Cream Social. It will be a great evening for all ages!

Mark your calendars for May 21, 2017, when we will observe Red Nose Day and have some fun while doing it. Check it out at [rednoseday.org](http://rednoseday.org) and learn about how it helps kids dealing with poverty in their lives.

As always, thanks for your commitment to building up the Body of Christ at Holy Trinity, for your generous contributions of time and treasure and especially for your contributions to the Special Easter Collection. Stay well, be good of heart and let go, let God!

Faithfully in the Risen Christ,

Fr. Rob+

SR. WARDEN

DAN KRIEGER

Thank you all for your generous Easter offering. The donations will be used to help defray the cost of an up-to-date, user friendly sign. The Vestry is discussing various options and whether an electronic sign is feasible.

Dan Krieger

Sr. Warden

## LITURGY

KATE HANSEN

As a former Parish Administrator at Holy Trinity, I can attest to the extra hours it takes to assemble the multiple bulletins for Holy Week. I want to thank Pam Toven for her hard work and dedication. Ufdah! No small task. As the new Worship / Liturgy Vestry Representative I now also realize the scope of hours, research and love that goes into our unique liturgies and music. We are so blessed to have Bea Bastyr and Father Rob! It takes many meetings, hours and research to put together our worship services. Unfortunately, I was unable to attend the Holy Week services but was blessed to attend our Easter Sunday service, which was a glorious celebration of the Risen Christ. Alleluia! It was a tremendously joyful and holy gathering. Thank you to all who attended and participated. A special thanks to our choir members for their glorious voices and dedication to the ministry of sacred song. What a gift to our worship!

On Sunday, May 14th, we will be gathering UTO boxes. Boxes are available in the pews. United Thank Offering (UTO) is a ministry of the Episcopal Church for the mission of the whole church. Through United Thank Offering, men, women, and children nurture the habit of giving daily thanks to God. These prayers of thanksgiving start when we recognize and name our many daily blessings. Those who participate in UTO discover that thankfulness leads to generosity. United Thank Offering is entrusted to promote thank offerings, to receive the offerings, and to distribute the UTO monies to support mission and ministry throughout the Episcopal Church and in invited Provinces of the Anglican Communion in the developing world. For more information go online to: <http://www.episcopalchurch.org/page/united-thank-offering>

I feel so blessed to serve Holy Trinity. I am consistently amazed by the presence of God and the love among and within us. We are so fortunate in this ever changing world to have this solid, safe and sacred home as we continue to share our love and faith with those in our communities.

Blessings to you all and thank you for your presence, service, love and joy that you bring to our beloved church family.

With gratitude,

*Kate*

**P.S. Since Kate wasn't able to be with us on Maundy Thursday and Good Friday, I'll tell you about those liturgies.**

On Maundy Thursday we did The Liturgy of the Word and Foot Washings in the church. We then held the Eucharist in the Parish Hall followed by an Agape Dinner. Scott and Don Svoboda prepared and served 3 delicious soups as well as a salad. After the meal of friendship and fellowship, we returned to the church for the Stripping of the Altar and the reservation of the Blessed Sacrament for prayer and meditation.

On Good Friday, we had a very moving liturgy with a Passion Play acted and read by numerous Trinitarians. The play brought a person the actual emotional walk to Calvary with the cross being carried by Jesus (Eric Hawkins). Holy Communion was given to the participants from the Reserved Sacrament. It was a poignant and meaningful way to spend some time with Our Lord and Savior.

Fr. Rob+

## STEWARDSHIP

DICK ANDERSON

I checked Riverplace Park which is the park playground that we clean up twice a year. I checked the Park a few days ago and it looks in good shape. I'll check it again in three or four weeks, if it needs attendance we will let everyone know so we can do extra clean-up.

Please keep in mind that we are scheduled to operate the Brat Stand at Cub Foods. The three days August 4th, 5th and 6th. Please mark your calendars as we will need help on those three days.

Blessings,

Dick Anderson

## Red Nose Day Campaign to End Child Poverty Returns in the U.S.

Buy a red nose for a dollar on any Sunday and all the monies collected will be sent to the Comic Relief Fund for kids living in poverty! Read all about this worthy cause below. Bring your red nose to church on Sunday, May 21, 2017!

All Major Partners — **Walgreens, NBC, M&M'S and the Bill & Melinda Gates Foundation** — Renew Commitment to Red Nose Day for 2017

Millions of Americans Helped to Raise Over \$60 Million in the Last Two Years for Children in Need in America and Internationally

NEW YORK – Jan 26, 2017 – Comic Relief Inc., the charity behind [Red Nose Day](#), today announced the return of the fundraising campaign. Red Nose Day in the U.S. will take place on Thursday, May 25, 2017, in conjunction with the third annual **"Red Nose Day Special" from broadcast partner NBC**. Americans across the country will come together, wear their Red Noses and raise money and awareness to help children living in poverty.

With the support of millions of generous Americans, major partners and hundreds of celebrities, Red Nose Day has raised over \$60 million in its first two years since launching in the U.S. in 2015, including more than \$36 million in 2016.

**For 2017, the campaign's iconic Red Noses will once again be available exclusively at Walgreens and Duane Reade locations nationwide, which will go on sale at a later date, to be announced. The campaign will culminate in another great night of TV, with NBC's third annual telecast of "The Red Nose Day Special" airing May 25. The Bill & Melinda Gates Foundation will continue to generously support Red Nose Day, and M&M'S returns as a national brand partner for the campaign, with additional supporting brands to be announced.**

Red Nose Day was created by award-winning writer-director Richard Curtis, ("Love Actually," "Four Weddings and a Funeral," "Notting Hill"), and has raised more than \$1 billion globally in just over 25 years.

**"This Red Nose Day, we hope to unite the nation by having fun while making a difference for kids," said Janet Scardino, CEO of Comic Relief Inc. "It's been incredible to see millions of Americans, along with our outstanding partners and hundreds of celebrities, all come together in support of Red Nose Day to help transform the lives of children living in poverty."**

In its first two years, more than 200 celebrities have lent their support to Red Nose Day campaigns in the **U.S., including Kristen Bell, Jack Black, Bono, Chris "Ludacris" Bridges, Connie Britton, Kobe Bryant, Sophia Bush, Ellen DeGeneres, Celine Dion, Zac Efron, Craig Ferguson, Will Ferrell, Bill Gates, Blake Griffin, Elton John, Anna Kendrick, Keegan-Michael Key, Mila Kunis, Ashton Kutcher, Jay Leno, Chris Martin, Seth Meyers, Julianne Moore, Tracy Morgan, Gwyneth Paltrow, Jordan Peele, Julia Roberts, Michelle Rodriguez, Seth Rogen, Paul Rudd, Ed Sheeran, Blake Shelton, Reese Witherspoon, and many more.**

Full campaign details, including further information on programming and participating talent, will be announced at a later date.

Funds raised support programs dedicated to keeping children and young people living in poverty safe, healthy and educated — both in America and around the world. Beneficiaries of Red Nose Day grants include **charity organizations such as Boys & Girls Clubs of America; charity: water; Children's Health Fund; Covenant House; Feeding America; Gavi, the Vaccine Alliance; National Council of La Raza; Save the Children; and The Global Fund.**

For more information, visit the Red Nose Day website [rednoseday.org](http://rednoseday.org). Follow @RedNoseDayUSA on Twitter and Instagram, and on Facebook at [Facebook.com/RedNoseDayUSA](https://www.facebook.com/RedNoseDayUSA).

### ABOUT RED NOSE DAY

Red Nose Day ([rednoseday.org](http://rednoseday.org)) is run by the non-profit organization Comic Relief Inc. ([comicrelief.org](http://comicrelief.org)), a

registered 501(c)(3) American public charity. Red Nose Day started in the U.K., built on the foundation that the power of entertainment can drive positive change. Red Nose Day has raised over \$1 billion globally since the campaign's founding in 1988.

Red Nose Day launched in the U.S. in 2015 with a mission to raise money and awareness to end child poverty, and has raised nearly \$60 million to date for the cause. Money raised for the campaign goes to the Red Nose Day Fund, which supports programs that keep children in need safe, healthy and educated, both in America and abroad.

## NORTH STAR BOYS' CHOIR TO PERFORM AT HOLY TRINITY ON MAY 12, 2017



The highly acclaimed North Star Boys' Choir will be performing in a Family Concert at 7:00pm on May 12th. Their repertoire will include both sacred and secular songs as well as barbershop quartet music. There is no admission fee but a Free Will donation will be greatly appreciated.

An Ice Cream Social will follow the Concert. You won't want to miss this spectacular evening of beautiful harmony and beautiful music! **Come and celebrate our oldest member's birthday, Marion Taylor**, who will be turning 99 years young that day!

## Used Book, Brat and Bake Sale

The Women's Group Annual **"Used Book, Brat and Bake Sale"** will be held on Saturday, May 20<sup>th</sup> from 10 a.m. to 4 p.m. This is a great opportunity to share the gift of reading by *donating books* (drop off by Sunday, May 14<sup>th</sup>).

*Baked goods will also be needed* for our Bake Sale (drop off on Thursday, May 18<sup>th</sup> and Friday, May 19<sup>th</sup>). Crafts are also welcome! Please contact Linda Krieger at 763.441.7072 with questions. Thank you!



## Food – Leftovers

We are accumulating quite the collection of leftover food! If you have left any food items in the kitchen or refrigerator or freezer please take them home or mark them as **"keep"** with your name on it. Also, please take home or give away any leftovers from coffee hour when you host.



Gluten free Communion hosts are now available to anyone who needs them for Communion!



# SPRING OPEN HOUSE



WEDNESDAY  
MAY 10th  
3:00 – 6:00 PM



5101 Kassel Ave NE, Albertville, MN 55301

HORS D'OEUVRES • LIVE MUSIC • GIVEAWAYS • TOURS



WEDNESDAY, MAY 10 • 3:00-6:00 PM

You and your loved ones are invited to attend a Spring Open House event at Engel Haus!

Join us in celebrating the start of the season while enjoying food and refreshments, live music, and tours of our 5-star community. Learn from our staff and residents how we fulfill our mission of providing exceptional housing and healthcare services in the spirit of Christ's love.

- Sandwiches, fruit pizza, and beverages
- Staff-guided community tours
- Live music
- Register to win a Coborn's gift card!



#### Engel Haus features:

- Beautiful new Bavarian-style building
- Catered living, assisted living, and memory care
- Social, wellness, and spiritual programming
- Dining room, library, chapel, and more!

Memory Care apartments currently available.  
Call today! 763-498-4594

5101 Kassel Ave NE  
Albertville, MN 55301



#### Can't make the event?

Call 763-498-4594 to schedule a private tour  
[www.guardianangelsmn.org](http://www.guardianangelsmn.org)



FEED MY  
STARVING  
CHILDREN



FEED MY STARVING CHILDREN

MINISTRY DAY -

SATURDAY, JUNE 3, 2017, 2:00 TO 4:00 pm.  
**Won't you join** with other Trinitarians to pack food for starving children around the world?

Sign up on the sheet on the table next to the office.

## LITURGY

### 10:00AM HOLY EUCHARIST

May 7th	10:00am Holy Eucharist
May 14th	10:00am Holy Eucharist
May 21st	10:00am Holy Eucharist
May 28th	10:00am Holy Eucharist

### Looking Ahead!!

June 3 - Feed My Starving Children Ministry Day

June 25 - The Baptism of Landry Marquette

### *Special Blessings to All our May Birthday Trinitarians!*

02 – Eric Hawkins	13 – Judy Waite
07 – Janet Marquette	19 – Shar Baughman
07 – Katherine Svoboda	20 – Isaac Bishop
11 – Marion Taylor	20 – Chris Robinson
13 – Gail Weber	20 – Dick Anderson

### Thank You!!!!!!

A special thank you to the Sr. Choir and the Contemporary Ensemble for all your hard work during the Lenten Season, Holy Week and Easter!!



Bea Bastyr

### Contemporary Ensemble and Sr. Choir Rehearsal

May 7th	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal
May 14th	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal
May 21st	6:30 Contemporary Ensemble Rehearsal 7:30 Sr. Choir Rehearsal

Altar Guild

Meals on Wheels

Senior Choir  
and Contemporary  
Ensemble Singers and  
Musicians

Chalice  
Bearers  
Acolytes

### **Women's Group**

**Men's  
Group**

Gail Weber  
612-850-4250

Call or see  
Cheryl Ecklund  
763-276-1434

Call or see  
Bea Bastyr  
763.441.4068

Contact the Church office

Call or see  
Linda Krieger  
763-441-7072  
Kate Hansen  
763-441-6061

Call or see  
Ben Bastyr  
763.441.4068



So what does your donation do? The money we raise supports projects that ensure kids are safe, healthy, educated, and empowered. Red Nose Day funds programs in all 50 states and in some of the poorest communities in Latin America, Asia and Africa.





# HOLY TRINITY

## EPISCOPAL CHURCH

## Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. Thank you!

Altar Guild	Jane Lindenfelser and Pam Toven					
	May 7	May 14	May 21	May 28		
Greeter	Dick Anderson	Dan Krieger	Jeanne Simonsen	Sally Lubrant		
Child Care	Pam/Alex	Pam/Alex	TBD	TBD		
Usher	Wally Kaminsky	Dave Raitz	Adrian Russell	Dan Krieger		
Acolyte	Eric Andersen	Deb Krogman	Wiltie Russell	Matt Krieger		
Reader 1	Gail Weber	Mary Dare	Carl Newberg	Ken Schultz		
Reader 2	Ken Schultz	Neil Larson	Kelly Sisson	Rosemary Sobalvarro		
Prayers	Jane Lindenfelser	Marion Marshall	Sherrill Newberg	Linda Krieger		
Chalice 1	Scott Svoboda	Mary Dare	Julie Raitz	Mary Dare		
Chalice 2	Jane Lindenfelser	Marion Marshall	Molly Stewart	Linda Krieger		
Counter	Molly Stewart	Deb Krogman	Jennifer Warner	Sally Lubrant		
Coffee	TBD	TBD	TBD	TBD		
Psalm	Psalm 23	Psalm 31:1-5, 15-16	Psalm 66:7-18	Psalm 68:1-10, 33-36		
Lesson 1	Acts 2:42-47	Acts 7:55-60	Acts 17:22-31	Acts 1:6-14		
Lesson 2	1 Peter 2:19-25	1 Peter 2:2-10	1 Peter 3:13-22	1 Peter 4:12-14; 5:6-11		
Gospel	John 10:1-10	John 14:1-14	John 14:15-21	John 17:1-11		

### HOLY TRINITY EPISCOPAL CHURCH

Priest-in-Charge	Fr. Rob Cavanna	320-339-4852
Parish Admin.	Pam Toven	218-259-6882
Director of Music	Bea Bastyr	763-441-4068
Head Usher	Dan Krieger	763-441-7072
Altar Guild Chair	Gail Weber	612-850-4250
<b>Women's Group</b>	Linda Krieger	763-441-7072
<b>Women's Group</b>	Deb Krogman	763-225-7773
Treasurer		
<b>Men's Group</b>	Ben Bastyr	763-441-406
Youth	Molly Stewart	763-753-6898

### HTEC VESTRY MEMBERS

Senior Warden	Dan Krieger	763.441.7072 H
Junior Warden	Tim Ecklund	763.276.1434 H
Service	Dick Anderson	612-812-2581 C
Liturgy	Kate Hansen	763-441-6061 H
Education	Molly Stewart	763.753.6898 H
Evangelism	Sue Nagorski	612.868.9263 C
Pastoral Care	Christine Peterson	612-968-3445 H
Treasurer	Jeff Nagorski	763-234-5000 C
Vestry Clerk	Gina Cavanna	320-291-5456 C