

# TRINITY TRIBUNE

feel the love!



### August 2017

### FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

### **Dates to Remember**

6 The Transfiguration of Our Lord

Outdoor "Green Eucharist"

14 Feast of Jonathan Daniels

13

15

24

27

9/30

St. Mary, Mother of Our

St. Bartholomew,

Feast of Thomas Gallaudet

28 Feast of St. Augustine

9/10 Renew/Rally Sunday & All Parish Picnic Sunday School begins

Feed My Starving Children 2:00-400pm

### How to Reach Us

Address

1326 4th St. Po Box 65 Elk River, MN 55330

Wed/Thurs/Fri 9:000-:200pm (Sept-May)

Hours Clergy office hours Wednesday

Phone

763.441.5482

10:00-12:00

E-mail

of fice@holytrinityelkriver.org

Website

Holytrinityelkriver.org

#### **Our Mission Statement**

Holy Trinity is a diverse and multi-cultural community which listens to God's word and does God's work. Wherever you are in your journey, you are welcome !here.



The summer is flying by as usual and in August we want to honor God in creation for the great abundance, diversity and intricacy of God's creatures. More on this theme as the month progresses.

Father Richard Bormes who had served Holy Trinity in the nineties died on July 1, 2017. He was very helpful and instrumental in seeing to it that the Parish Hall was built. In fact, the Women's Group in their July meeting voted to give \$5000.00 to the Building Fund in Fr. Dick's memory. (This will help a lot in dwindling down the loan we owe on this beautiful addition). For those of you who didn't know him, he was a gentle and kind man and we give thanks to God for his life as a priest of the Church and for his ministry at Holy Trinity. May his soul and the souls of the faithful departed rest in peace. Amen.

On July 22, 2017, we celebrated the life of Mary Magdalene. If you were raised Roman Catholic, you were taught that she was a prostitute. In fact scripture scholars have debunked the myth that she and the infamous repentant sinner who wiped Jesus' feet with her tears are one and the same woman. For these reasons, I'd like to focus this month on St. Mary Magdalene and what we can learn from her to use in our lives in 2017.

As human beings and Christians, our life of faith and relationship has its source in divine Love who eternally delights in each one of us as an image and likeness of God unlike any other. God's yearning for companionship and union with all creatures has been, is now and always will be drawing us into the fullness of our created being, into the glory of the divine Life itself. Even now, divine yearning is active drawing us into community, to experience relationship with God and one another through shared worship every Sunday and service. The present reality of our connectedness to one another in God, therefore, also rests on the foundation of all those who have gone before us as believers. There are some whom we have known personally, who have been instrumental in forming us in the love of Christ and our neighbor. And there are our common ancestors in faith, a lineage of saints stretching back to Jesus' first disciples, those without whose witness to God's mighty deeds we would not ourselves be disciples. Eminent among these ancestors is the sister and saint whom we celebrated this on July 22, Mary Magdalene. Invoking the sacred memory of the early Jesus community as preserved in the New Testament, retreat leader and priest Cynthia Bourgeault writes in The Wisdom Jesus, "The canonical gospels are unanimous in their testimony that [Mary Magdalene] was the first witness to Jesus' resurrection and virtually unanimous that she was also steadfastly present throughout the entire crucifixion and burial,"

Searching further in the scriptures, we encounter Mary Magdalene as one so well known to the early Johannine community that in its gospel she requires no introduction whatever. John's first mention of her portrays her standing at the cross, alongside the mother of Jesus and The disciple whom Jesus loved'. We meet

her next discovering the empty tomb, bringing Peter and John to see, and then, left alone, encountering the risen Lord alone in the garden as she grieves in anguish and hope.

In Matthew, Mary Magdalene is identified as first among "the many women" who had followed Jesus from Galilee and had "provided for him". Luke names her among "some women" who, with the Twelve, accompany Jesus as he "went on through cities and villages, proclaiming and bringing the good news of the kingdom of God." This group of women are those reported to have been "cured" by Jesus "of evil spirits and infirmities", with Mary Magdalene herself being one "from whom seven demons had gone out." Luke also writes of Mary's prominence among a highly unusual combination of male and female disciples who travel with Jesus. Equally remarkable, given the social norms of the day, is the gospel's report that Mary Magdalene and the other women provided for Jesus and the male disciples "out of their own resources" as they journeyed together.

However, through the centuries, much of this record has been overlooked or ignored as the Church encountered cultural resistance to its existence. Attempts have been made seeking to diminish or discredit Mary Magdalene's role as a disciple of Jesus. Many projections on and accretions to Mary's story have obscured her vocation as a first witness to Jesus' resurrection, as well as the importance of her proclamation as "apostle to the apostles," 'I have seen the Lord.'

In her book, Six New Gospels, author Margaret Hebblethwaite which I highly recommend employs meditative imagination to "flesh out" the story of Mary Magdalene's healing by Jesus and her resulting intimate bond with him. Through a delving between the lines and into the gaps of the gospels' account, the reader is offered a first-person narrative of a young adult woman who, having grown up in a family made wealthy by the flourishing fishing industry of Galilee, has known few material deprivations. "Yet," says this Mary of Magdala, "I do not mind telling you that before I met Jesus I was a mess...I was sick mentally and emotionally, intellectually and spiritually, socially and morally, and even physically." A difficult, long yet steady healing process of this seven-fold depressive disorder is begun when she meets Jesus speaking to the local synagogue. Jesus' message of God's desire for "a world where the sick are made well and victims become free" draws Mary to follow him as her leader and teacher.

In a relationship of trust and risk-taking with Jesus and his other followers, Mary is restored to full human wholeness—the newness of life, intended and envisioned by God for all his creatures from the beginning of the world. She is cured of her multiple ailments to body, mind and spirit. All her wounds—some self-inflicted, others the result of brokenness and sin in flawed individuals and societal assumptions and systems—all are healed.

With Jesus' companionship, Mary is empowered, miraculously and naturally to find her true self. Learning and living Jesus' unflinching realism and faithful humility, Mary passes through her heaviness of soul, beyond tears as her food day and night, to emerge with shining face and bright eyes in the light of God's glory and the glory of being fully human. Through the example of her Teacher and Lord, Mary learns to bear willingly the griefs of others as well as her own. And, so, she comes to take her share in the ministry of reconciliation to which Jesus commissioned the Twelve, the Seventy and all the others who followed him. Mary joins Jesus' disciples as 'a wounded healer', a healer with an empathic disposition toward others be they the disabled or 'walking' wounded. She is a healer whose power and confidence for ministry rise from a soul of joyful gratitude to God for her own restored wholeness.

Mary has been chosen to accompany Jesus in active ministry as an adept disciple. She has herself chosen the way of vulnerable, radical availability and self-giving love which Jesus models as being truly human, reflecting the nature of God. Mary is made another "beloved disciple," a female counterpart to the beloved John.

Pray that each of us becomes a healer in our own right reaching out to those who are addicted, disabled and in need of a listening ear or companionship. This is a suggested prayer you and I pray this month as we continue to follow and emulate Jesus: Beloved Mary Magdalene, close companion of Jesus and our human sister: Pray that we be given hearts like yours, hearts which hear the Lord speaking our name and inviting us to the unending banquet of his risen life. Amen.

Please mark on your calendar – September 10, 2017, for our Annual Renew/Rally Sunday followed by our All Parish Picnic. We will also be going to Feed My Starving Children on Saturday, September 30, 2017, 2:00 to 4:00 pm. I hope that as many of you as possible participate in this "hands-on" ministry.

In closing, please wear your name tags on Sunday because it will help all the new people know your name. More importantly, introduce yourself to our new members and sit with them during our Coffee Fellowship. Go out of your comfort zone and sit with different people each Sunday. You'll be surprised at how easy it is and how much you will learn! Have a tremendous month, enjoy the rest of your summer and stay well, be of good heart and let go, let God!

Faithfully in Christ,

Fr. Rob+

LITURGY KATE HANSEN

Mark your calendars for our very special annual **Outdoor "Green" Worship Service** to be held on August 13<sup>th</sup>. Also, we will be holding planning meetings several Sundays after worship for our annual Blessing of the Animals event to be held on Saturday, October 7<sup>th</sup>. Please consider volunteering for this event! See me if you are interested. Thank you!

Joyfully,

Kate

SERVICE DICK ANDERSON

I want to thank all of you that have signed up to work a shift at the brat stand at Cub foods, on the 4th, 5th, and 6th of August. There is still a shift or two open, if you can help please let the office know. I hope the weather is nice.

I will have a fan for the stand. Again THANKS TO EVERYONE for helping out.

Blessings to all

Dick

### Outdoor "Green" Eucharist on August 13, 2017



In keeping with our tradition of caring for the earth, an Outdoor "Green" Eucharist will take place on Sunday, August 13, 2017, at 10:00pm. The liturgy will take place on the west lawn of our campus and will include special prayers and hymns related to ecology and the environment.

The Contemporary Ensemble will be singing for this special service. In the past we have been blessed with beautiful weather. In case of inclement weather however, we will hold the service in the church.

If you haven't been to a "Green" Eucharist, plan on participating and being moved by this unique worship experience.

Please welcome our most recent new member:

Daryl Herrmann

Introduce yourself at Coffee Fellowship time and sit with our new members! You'll make new friends and learn new things! You'd love to meet them and they are looking for your friendship!

Sr. Warden

Dan Krieger

Summer months bring slow-paced schedules; a time for recharging and enjoying long sunny days. I hope each of you get a chance to get away to enjoy the warm weather, take a vacation, or just kick back. Even though we tend to become a bit more relaxed during the summer, please remember to keep your pledges current and up-to-date. Thank you!

Regards, Dan Krieger

EDUCATION MOLLY STEWART



Please join us on Sunday, September 10th for our 1st day of the 2017-2018 Sunday School Year. If you are interested in helping out, please contact Molly or Pam in the church office.

Thank you! Molly Stewart

JR. WARDEN TIM ECKLUND

People are signed up for Lawn service through September. Thank you all! The Fall Clean-up day will be posted closer to October, it just depends on Mother Nature and her wind!! Just remember, winter is just around the corner, so watch for the shoveling sign-up sheet!!

Thank You,

Tim

# MEALS ON WHEELS

### Meals on Wheels!!

The August sign up sheet for Meals on Wheels is posted on the board next to the mailboxes. August is our month, so the calendar is pretty wide open. If you are able to help out by driving and delivering meals please sign up. You may also call me if you'd like me to sign you up or if you have any questions. We are in need of drivers for Monday's, Thursday's and Friday's. Time to pick up meals at GA is around 10:50 am. Tuesday's and Wednesday's are already covered. Please help us out with this wonderful and fulfilling ministry.

Thank you, Cheryl Ecklund 763-443-8637



### THANK YOU JEANNE and GARY!

Thank you to Jeanne and Gary Simonsen for sharing their gorgeous home and pool for a delightful pool party for the women of Holy Trinity on July 29th. It was a fabulous gathering with a fun group of ladies, great food and lots of laughter. Thanks again for hosting this joyful event!



## KEEPING SENIORS AT HOME, WHERE THEY WANT TO BE

Through one of the most successful social solutions in America.

Meals on Wheels operates in virtually every community in America through our network of more than 5,000 independently-run local programs. While the diversity of each program's services and operations may vary based on the needs and resources of their communities, they are all committed to supporting their senior neighbors to live healthier and more nourished lives in their own homes.

Together, we galvanize the resources of local community organizations, businesses, donors, sponsors and more than two million volunteers – bolstered by supplemental funding from the Older Americans Act – into a national safety net for our seniors.

See Cheryl Ecklund to volunteer to bring meals to people in Elk River!

# **Episcopal priest takes dying dog on road trip for 'Last Howlelujah Tour'** through Southwest

The Rev. Bill Miller is taking a close friend to Las Vegas on vacation, but this trip is about the bark, not the bet. Miller's traveling companion is his 12-year-old dog Wili,

who is dying of cancer, and Vegas is only the final stop on a six-state road trip that the Episcopal priest from Louisiana is calling the "Last Howlelujah Tour."

"It's been extraordinary," Miller said July 6 when reached by phone in Corsicana, Texas, south of Dallas. "The best parts of the trip have been really what we set out to accomplish, just to spend time together. We've just had a ball being together."

In addition to spending precious time with Wili, the other goals of the tour are to remind people of the spiritual importance of close relationships — whether with family, friends or "man's best friend" — and to promote and raise money for animal welfare organizations. "We have met some incredibly gracious and loving people along the way. They have shown [Wili] great hospitality," Miller said.

Miller, a 58-year-old Texas native, has served as a priest about 25 years. He was living in Austin when he got his first dog, an Airedale named Sam, in 1993. The dog's story of surviving a house fire became the foundation for Miller's 2005 book, "The Gospel According to Sam." (Miller's other book is "The Beer Drinker's Guide to God.") After Sam's death and while serving at a church in Hawaii, Miller adopted Wili from the local animal shelter. Part terrier, Wili's full name is Nawiliwili Nelson, a little bit Hawaiian and a little bit Texan (his nickname is pronounced "Willie"). The priest felt an immediate connection to the pup.

"He just had one of these rare outgoing personalities, and he has maintained that throughout his life, even here as he's been dealing with cancer," Miller said.

In November, Miller noticed Wili wasn't eating. The veterinarian diagnosed cancer the next day, and Wili was given as little as three months to live. But that three months has extended past six months and now into the summer, with the help of surgery, chemotherapy and a healthier diet for Wili.

Miller took some time off from his work at Christ Episcopal to celebrate Wili's improved health by embarking on their current road trip. But the most important thing for him, personally, is to spend time with Wili, who has a water bowl and plenty of space to rest with the seat down in the back of Miller's Honda CRV. They've been thanking God for air-conditioning while navigating the hot highways of the South and Southwest. They travel light and look for cheap, dog-friendly hotels when they stop. "Wili has not lost any enthusiasm for life and his love for people," Miller said. It's one example why Miller describes dogs as "God's best work."

"I think what dogs teach us is how to be our best selves, because they exhibit unconditional love and affirmation," he said. "They're able to show us such love at every moment. They're always happy to see us, the tail is always wagging. They take such delight in the simple things in life."

# You are invited to pack food at







# VOLUNTEER OPPORTUNITY LOCATION:

Choose packing location

DATE: September 30th TIME: 2:00-4:00pm

SIGN-UP INSTRUCTIONS: Sign up sheet on table by office

Turn Hunger into Hope with Your Own Two Hands

VOLUNTEER | DONATE | LEARN MORE | 763.504.2919 | FMSC.ORG

### Meals on Wheels Holy Trinity's Month!!!!!



### August 2017

◀ Jul 2017		August 2017				
Sun	Mon	Tue 1 Tim + Cheryl	Wed 2 - Duck -	Thu 3	Fri 4	Sat 5
6	7	8 am	Duch+ Ginny	10	11	12
13	14	15 Cont Cheryl	16 - Decht	17	18	19
20	21	22 Vin + Churyl	23 Dicker ginny	24	25	26
27	28	29 Pin + Cheryl	30 Dicker	31		



### LITURGY

### 10:00am Holy Eucharist

August 6th 10:00am Holy Eucharist August 13th 10:00am Holy Eucharist

**Outdoor Green Eucharist** 

10:00am Holy Eucharist August 20th August 27th 10:00am Holy Eucharist

## Special Blessings to All our August Bírthday Trinitarians!

02 - Cheryl Ecklund 18 - Nancy Ingram 03 - Andy Marquette 19 - Isabelle Stewart 06 - Marion Marshall 22 - Bea Bastyr 08 - Michele Palo 23 - Molly Stewart 24 - Wilkyns Russell 10 - Ken Schultz 28 – Eric Andersen 15 – Julia Bishop 15 - Christine Peterson 30 - Prudy Wilson

18 - Bob Sobalvarro

Altar Guild 612-850-4250

Meals on Wheels Call or see Cheryl Ecklund 763-276-1434

Senior Choir Call or see and Contemporary Bea Bastvr Ensemble Singers and 763.441.4068 Musicians

> Chalice Bearers Acolytes

Contact the Church office

Gail Weber

Feed My Starving Children

**Entire Parish** Contact the Church office

Call or see **Women's Group** 

Linda Krieger 763-441-7072 Kate Hansen

Men's Group

Call or see Ben Bastyr 763.441.4068

### This could be you!



### Help needed!!!

We are in desperate need of acolytes of any age and men and women! Please see Fr. Rob or contact the church office.

> Childcare Acolytes Counters

### Contemporary Ensemble and Sr. Choir Rehearsal

August 9 7:00pm Contemporary Ensemble Rehearsal

August 23 7:00pm Sr. Choir Rehearsal

Meals on Wheels drivers still needed for August!!

Please sign up and see Cheryl Ecklund!!

## Make a Joyful Noise!

Contemporary Ensemble & Senior Choir rehearsals began in September. This year our rehearsals will be on Thursdays: Contemporary Ensemble at 6:30pm, and Senior Choir at 7:30pm. Making music is lots of fun! Come join

Any questions? Call Bea at: 763-441-4068







# Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. Thank you!

Altar Guild	Joanie Nichols and Kate Hansen					
	August 6	August 13	August 20	August 27		
Greeter	Marilyn Bina	Shar Baughman	Dave Raitz	Jeanne Simonsen		
Child Care	Alex Stewart	Alex Stewart	Alex Stewart	Alex Stewart		
Usher	Wally Kaminsky	Ben Bastyr	Dave Raitz	Dan Krieger		
Acolyte	Wiltie Russell	Deb Krogman	Matt Krieger	Deb Krogman		
Reader 1	Melanie Svoboda	Mary Dare	Melanie Svoboda	Carl Newberg		
Reader 2	Gail Weber	Kate Hansen	Rosemary Sobalvarro	Ken Schultz		
Prayers	Melanie Svoboda	Jane Lindenfelser	Kate Hansen	Sherrill Newberg		
Chalice 1	Scott Svoboda	Mary Dare	Molly Stewart	Scott Svoboda		
Chalice 2	Julie Raitz	Kate Hansen	Melanie Svoboda	Sherrill Newberg		
Counter	Molly Liberto	Kate Hansen	Linda Krieger	Jennifer Warner		
Coffee	Joanie Nichols	Dave B. and Shar B.	Wally Kaminsky	Gail Weber		
Psalm	Psalm 99 or 99:5-9	Psalm 105, 1-6, 16-22, 45b or Psalm 85:8-13	Psalm 133 or Psalm 67	Exodus 1:8-2:10 or Isaiah 51:1-6		
Lesson 1	Exodus 34:29-35	Genesis 37:1-4, 12-28 or 1 Kings 19:9-18	Genesis 45:1-15 or Isai- ah 56:1,6-8	Psalm 124 or Psalm 138		
Lesson 2	2 Peter 1:13-21	Romans 10:5-15	Romans 11:1-2a, 29-32	Romans 12:1-8		
Gospel	Luke 9:28-36	Matthew 14:22-33	Matthew 15: (10-20), 21-28	Matthew 16:13-20		
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Holy Trinity Episcopal Church				
Priest-in-Charge	Fr. Rob Cavanna	320-339-4852		
Parish Admin.	Pam Toven	218-259-6882		
Director of Music	Bea Bastyr	763-441-4068		
Head Usher	Dan Krieger	763-441-7072		
Altar Guild Chair	Gail Weber	612-850-4250		
Women's Group	Linda Krieger	763-441-7072		
Women's Group Treasurer	Deb Krogman	763-225-7773		
Men's Group	Ben Bastyr	763-441-406		
Youth	Molly Stewart	763-753-6898		

HTEC VESTRY MEMBERS				
Senior Warden	Dan Krieger	763.441.7072 H		
Junior Warden	Tim Ecklund	763.276.1434 H		
Service	Dick Anderson	612-812-2581 C		
Liturgy	Kate Hansen	763-441-6061 H		
Education	Molly Stewart	763.753.6898 H		
Evangelism	Sue Nagorski	612.868.9263 C		
Pastoral Care	Christine Peterson	612-968-3445 H		
Treasurer	Jeff Nagorski	763-234-5000 C		
Vestry Clerk	Gina Cavanna	320-291-5456 C		