



**HOLY TRINITY**  
EPISCOPAL CHURCH

# TRINITY TRIBUNE

*feel the love!*



Blessing  
of the Backpacks

September 10, 2017

10:00am

**September 2017** FROM OUR PRIEST-IN-CHARGE THE REV. DR. ROB CAVANNA

## Dates to Remember

4	Labor Day
9	Women's Group Meeting 9am
10	Rally/Renew Sunday/ Backpacks Blessing/ All Parish Picnic Sunday.
14	Holy Cross Day
17	National Back to Church/ Open House Sunday A Place to Belong
21	St. Matthew, Apostle and Evangelist
29	St. Michael and All Angels
30	2-4pm Feed My Starving Children Ministry
10/7	Blessing of the Animals

When we get to this time of year, we always seem to think and say the same thing - **"Where did the summer go?"** Hopefully we will still enjoy more warmer and sun-filled days well into the fall. August was another busy month with the "Brat Stand Ministry" on August 4, 5 and 6, 2017. Special thanks to Dick Anderson for overseeing the three days of outreach ministry to the community of Elk River. Everything was well planned and all set up for the three days of selling hot dogs, brats and hamburgers. Thank you also to each of you who gave up time on your weekend to help in this worthwhile endeavor.

**We celebrated a "Green Eucharist" on August 13, 2017, and for the first time in 5 years, we held it inside the church because of the pending rain.** For this special occasion, we had a very talented harpist, Andrea Stern. The upside of having the Eucharist in the church was that we were able to hear better and appreciate the harp music. It was indeed a marvelous enhancement of our special liturgy for that day and we celebrated with a **"packed house!"**

Thanks to Cheryl Ecklund who organized our Meals on Wheels ministry. August is our month and because of your very generous donation of your time, Cheryl was able to fill all of the daily trips for the month.

## How to Reach Us

Address	1326 4th St. Po Box 65 Elk River, MN 55330
Office Hours	Wed/Thurs/Fri 9:00-:200pm (Sept-May)  Clergy office hours Wednesday 10:00—12:00
Phone	763.441.5482
E-mail	office@holytrinityelkriver.org
Website	Holytrinityelkriver.org

A number of you told me recently that you become easily discouraged and despondent over a variety of things in life. For this reason I want to focus this month on tackling discouragement and depression especially as we begin a new program/academic year.

The words of Isaiah, the prophet: ***"I have labored in vain, I have spent my strength for nothing and vanity"*** (Isa 49:4).

**We've all been there, haven't we?** In that valley of desolation and discouragement; that place where we start wondering if our efforts have made a difference, **if they have been appreciated, if they've been worthwhile, if we've accomplished anything of value.** Isaiah is discouraged. The people are in exile and all his efforts to redirect them to God have been met with indifference. He feels like a failure. ***"I have labored in vain,"*** he sighs, ***"I have spent my strength for nothing and vanity."***

Discouragement is something we all experience from time to time. We may feel trapped in a dead-end job or a strained relationship, and have no sense of how to move forward. We may be enduring a chronic illness with no relief in sight. We may be dealing with the pains and anxiety of getting older. We may find ourselves consumed with worry about our finances or our home or our work and we wonder if things will ever get better. A sense of hopelessness settles over us and we despair of our future. **It's difficult to imagine our circumstances improving and we're not sure if we have the strength to go on.**

## Our Mission Statement

Holy Trinity is a diverse and multi-cultural community which listens to God's word and does God's work. Wherever you are in your journey, you are welcome here.



Sometimes it's the circumstances of our lives that get us down. We feel overwhelmed by our responsibilities or we get passed over for a promotion at work, or we're struggling mightily to make ends meet.

At other times, it's the people in our lives who are getting us down: perhaps a rebellious adolescent who is critical of our efforts to parent, or an employer who just won't give us a break, or a spouse who seems to have lost interest in us or someone we love who keeps criticizing us.

It might also be that we're discouraged with God. We might have expectations of what God would be or do for us that haven't been met or we've been hurt or disappointed by some tragedy that we're convinced God could have or should have prevented.

Sometimes it's we ourselves that are the cause of our discouragement. We can't seem to live up to our own expectations for ourselves. We're continually failing to realize our hopes and desires and we feel like we're failing at life.

There are countless causes/reasons for discouragement and all of us get entangled in them from time to time.

Fatigue can be a factor. If we're not getting adequate sleep or we're pushing ourselves too hard, we can become more vulnerable to discouraging thoughts. Sometimes it's frustration that's at the root of our discouragement. We set out to do something good but we encounter obstacles and challenges that threaten to defeat our good intentions. Sometimes it's failure that brings us down. A project collapses, our well-laid plans fall apart, a relationship runs aground. Or it may be fear that's at the root of our discouragement: fear of criticism, fear of our own inadequacy, fear of failure.

But it's not always rational, is it? Isaiah lost sight of all that he had going for him. He had a clear sense of his own vocation, a certainty about his call (Isa. 49:1-3). He was gifted and empowered by God for the role that had been given him. He had used those talents well, working hard for God's honor and for the well-being of God's people. But at the moment he can't see any of it. All he sees and feels are his own inadequacies and his deep sense of personal failure. His expectations – of himself, of God, of the people to whom he had been sent – were not being met and he was overwhelmed with discouragement. There are times when we are so focused on what is not that we lose sight of what is. Now isn't that the truth?

So how does Isaiah escape from this valley of desolation and discouragement? He listens and remembers. He listens to the voice of God, and reminds himself of his calling. He hears God speaking words of affirmation and assurance, calling him on. He takes in God's promise to answer him and to help him (v. 8). He renews his trust in God.

And what about you? If you've been in a place of discouragement or if you're feeling discouraged with your life, what can you do?

You may need, first of all, to REST. I mentioned earlier the impact of fatigue on our physical and emotional well-being. But perhaps it's not rest that you need but more exercise. You may need to eat healthier food or take better care of yourself. Whatever it takes, restoring and renewing your physical and emotional health is a good first step.

Second, REFLECT. Think about it: What prompted your current state? What was it that led to discouragement, and why did this particular person or circumstance bring you down? What have you been telling yourself about the situation, or about the person, or about yourself. Explore your thoughts and your actions. Challenge your negative thoughts and assumptions. Reflect on what you need to say to yourself – sometimes a "pep talk" is in order – or what you need to hear from others, including from God.

Third, REMEMBER. Recall a time when you felt hopeful and optimistic. Remember the things and people in your life that are good and wholesome and life-giving: "Meditate on these things" (Phil. 4:8). Remember that you are beautifully and wonderfully made, that you are a beloved child of God, that nothing in all the world can separate you from God's love. Remember who you are, and to whom you belong. Remember

that your weakness doesn't disqualify you from God's love but instead opens the way for God to act in and through you. Let your failures or your fears remind you of your need to rely on God for all things. **God's strength is made perfect in your weakness. Remember God's faithfulness and goodness to you in so many ways.**

Fourth, REORGANIZE. Re-set your purpose, clarify your intentions, study your options, and resolve to begin again. You may want to reflect on your current situation with a skilled counselor or a trusted friend. **Take a fresh look at who you are, at what you're doing, at where you're headed –** and set out again on the path.

You might find it helpful in reviewing a difficult or discouraging situation to pray the Serenity Prayer, originally composed by theologian Reinhold Niebuhr. **Niebuhr's full text goes like this:**

God, give me grace to accept with serenity  
the things that cannot be changed,  
Courage to change the things  
which should be changed,  
and the Wisdom to distinguish  
the one from the other.  
Living one day at a time,  
Enjoying one moment at a time,  
Accepting hardship as a pathway to peace,  
Taking, as Jesus did,  
This sinful world as it is,  
Not as I would have it,  
Trusting that You will make all things right,  
If I surrender to Your will,  
So that I may be reasonably happy in this life,  
And supremely happy with You forever in the next. Amen.

Finally, RESIST. Resist discouraging thoughts, resist the temptation to give in or give up. You may need to be gentle with yourself or you may need to be tough. The only way we will overcome is through persistence. Ask God to help you. **Ask for God's power to be at work in you. Ask for God's love to surround and comfort you.** Put your whole trust in God.

Listen to the words of the psalmist:

*Why are you so full of heaviness, O my soul?  
and why are you so disquieted within me?  
Put your trust in God;  
for I will yet give thanks to him,  
who is the help of my countenance, and my God.*  
Psalm 42:14,15

God is good, and the sun will shine again. You can count on it!

Pray that we work on the above 5 actions explained above and in the end put our trust in God who will help us out of our discouragement and depression.

I hope you had a relaxing and spiritually rewarding summer. This new program year promises to be most meaningful and richly filled with many good things. We renew our commitment to Jesus on September 10, 2017, in a Renew Liturgy. We will **also bless the kids' backpacks with the beginning of Sunday School as well** as have a delicious **"Pot Luck" Luncheon. The Wardens and Vestry** will be cooking brats, hot dogs and ham-burgers that day. Please bring a dish to pass.

**Please don't forget National** Back to Church Sunday on Sunday, September 17, 2017, when we will join with 30,000+ churches across the country and invite people to join us at church that morning. The theme is **"A Place to Belong."** Check it out at [InviteToBelong.com](http://InviteToBelong.com).

On Saturday, September 30, 2017, we will go to Feed My Starving Children headquarters in Coon Rapids to fill bags of food for starving kids across the world. We are still in need of more people to help in this much needed **ministry so please sign up on the sheet on the table near the office. You won't regret your two hours of being Christ's hands and feet!**

Lastly, thank you for all you do for our growing and dynamic faith community. We have seen a steady stream of guests in our pews on Sunday this summer and a number of them have decided to become members. They are: Joyce LeClair, Daryl Hermann, Larry and Mary Brugger and Pauline Hoffine. We give thanks to God for them and thank them for choosing Holy Trinity to be their faith community. Stay well, be good of heart and let go, let God! Have a holy and blessed fall and feel the love!

Your faithful servant in Christ,

Fr. Rob+

## WELCOME TO DEACON GEORGIA STEELE

Hello !! My name is Georgia Steele and I look forward to serving and worshipping with you as your Deacon starting September 10<sup>th</sup>!! I will be with you the 2<sup>nd</sup> and 4<sup>th</sup> Sundays of every month (and others as assigned /able).

Iowa-born and Minnesota-raised, I hail from the southwestern part of the state. I grew up in Ceylon, MN in a blended family, confirmed in the UCC, and left there after graduation from high school. I have traveled a circle of various faiths—from UCC to Pentecostal to Evangelical to checking into being a St. Francis of Little Falls Oblate to Episcopalian in the years since then. Once becoming a member of the Episcopal Church, I **was discerned and called out of my church, St. John's Linden Hills, as a deacon in 2010. I completed formation and was ordained as a Deacon in Jan 2013, and served at St. John's Linden Hills and then to St. Martin's Fairmont in 2014. I also serve on the Commission on Ministry and the Commission of the Diaconate.**

I attended Mankato AVTI, and then Oak Hills Bible Institute (now College) in Bemidji MN, St. Cloud State, and finally graduated from Wheaton College in Wheaton IL with a BA in sociology. After staying an extra year in IL and going to France/India on a mission trip in 1988, I moved back to MN in 1989 and started working in the mental health field. I have not strayed far from that original vocational path and have worked for my current company Resource Inc. for the past 22 years, serving as a housing specialist and a case manager for folks who have a serious and persistent mental illness in the community. It is a transforming and rewarding job to work with such resilient people. I am humbled by their struggle and strength every day.

I now live in Champlin MN which is not far from Elk River. In my spare time, I do many introverted things like read, write, do puzzles to balance all the extroverted work I do. I also spend time with friends and family. Someday I want to get a dog when my life settles down.

Thank you for the opportunity to serve as your Deacon!

## SR. WARDEN

DAN KRIEGER

I hope you have had a wonderful summer; enjoying the warm weather, early sunrises and late sunsets. With the end of summer comes the start of fall and the beginning of a new church education year!

Mark your calendars on September 10, 2017 for our Rally Sunday & Church Picnic. Burgers, brats and hot dogs will be provided. Please bring a dish to share. The Vestry members look forward to seeing you there!

The Episcopal Church in Minnesota Annual Convention will be held at the DECC in Duluth, MN on Friday, September 15<sup>th</sup>, and Saturday, September 16<sup>th</sup>. **This year we will be exploring Dr. King's vision of the Beloved Community.** Everyone is welcome to attend. The cost is \$65.00 per person. Please see the Episcopal Church of MN web site ([episcopalmn.org](http://episcopalmn.org)) for more information. Fr. Rob and I will be attending representing Holy Trinity Episcopal Church of Elk River.

Respectfully,  
Dan Krieger  
Senior Warden

## EDUCATION

MOLLY STEWART

## Sunday School



Reminder: Sunday School will begin on September 10th. Whether it be for the whole year or for one Sunday- all kiddos are welcome to join. This year we will be using a new and exciting curriculum based off of a book titled: *The Gospel According to Dr. Seuss*. Over the course of the school year, the children will explore several Dr. Seuss favorites to learn valuable lessons about following the ways of Christ. The curriculum was originally written for a one-room schoolhouse model with children between the 1st and 5th grade- but Holy Trinity will be modifying the lessons to teach preschool through middle school aged children.

We are asking all folks interested in helping teach this year to attend a short meeting during coffee on September 3rd. Everyone will have a chance to take a look at the lessons and ask questions.

Thank you,

Molly Liberto

## SERVICE

DICK ANDERSON

Here it is September, I want to thank all of you that worked at the Cub foods brat stand. Everything went well. I know that the fall cleanup is coming up, so when that Sunday is picked, I would like to do the cleanup at the Riverplace Park also. That will only take a few people.

Blessings,

## LITURGY

KATE HANSEN

Please consider bringing a friend, neighbor and/or relative to church on September 17<sup>th</sup> for National Back to Church Sunday! **It's a wonderful opportunity to share the many blessings we have as a church community at Holy Trinity.**

We will continue to hold planning meetings several Sundays after worship for our annual Blessing of the Animals event to be held on Saturday, October 7<sup>th</sup>. There has been a wonderful response from parishioners willing to help. Thank you! If you are interested in crafts please consider using your talents by creating "animal themed" items to sell. **There are flyers in the church hall available for distribution. Please help to circulate them throughout local communities. See me or Sue Nagorski (Vestry Evangelism Representative) with any questions.**

Joyfully,

Kate

## Blessing of Animals, Bloodmobile, Crafts & Complimentary Lunch

Saturday, October 7 • 10:30am - 1:30pm  
Holy Trinity Episcopal Church



- **ANIMAL BLESSING** 11am. Bring your leashed or crated pet, or a photo of your current or deceased pet. (All are welcome.)
- **BLOOD DONATION** times available 10:30am - 1:30pm. To make an appt, sign up online at [mbc.org/searchdrives](http://mbc.org/searchdrives) and enter code 4404, or call Nancy at 763-412-7131.
- **PET ADOPTION • DRAWINGS • GIFT CARDS** from Chuck & Don's and PetSmart



### RESCUES

- Angel of Hope
- MN/WI Collie Rescue
- MN/WI Great Dane Rescue
- No Dog Left Behind
- MN/WI Doberman Rescue
- A Rotta Love Plus
- Rescued Tails Animal Sanctuary
- MN/WI Aussie Rescue



# EVANGELISM

SUE NAGORSKI

Happy Fall! I hope everyone had a great summer as we head into the fall season. What a busy time of year for our church community.

Jeff and I had a great time working at the Brat stand at Cub in August. Meeting new people and selling Brats and Burgers at the same time. There is something to be said about food and bringing people together. Thanks to Dick for his hard work setting this up. What a great way to show who we are in Elk River.

Hoping to see everyone at Renew Rally Day on September 10<sup>th</sup>. Bring your family, neighbors and friends and show them the joy of Church, fellowship and food (of course). We will also bless Backpacks that day as well as bless Sunday School teachers.

The Vestry will be hosting the Pot Luck Picnic and will be providing hamburgers, brats and hot dogs.

September 17<sup>th</sup> is back to church Sunday where we all are asked to invite guests to join with 30,000 other churches across the country in this special day event to bring people to "A Place to Belong". Because we enjoy our faith community of Holy Trinity Church, it makes it easy to want to share with others. Please make a point to pick up invitations/brochures one of these next few Sundays. I find it is easier to invite someone when you can hand them an invitation. A simple verbal exchange with a printed reminder for a neighbor or co-worker. **"I would Love for you join us."**

Save the date October 7, 2017, 10:30am for our Animal Blessing! Back by popular demand! There will be Crafts and Lunch. The Bloodmobile will be back again for those who want to participate in this special gift to those in need. See Nancy Ingram to sign up. Please invite others to share in this great day!

Spread the word of all these great things we do here at Holy Trinity Episcopal Church. We have grown a great **"crop" this summer. Let's extend our growing season into this fall harvest of God's goodness.**

Hope to see you and your friends soon.

Sue Nagorski

There is a community wide food distribution program Wednesday mornings at Central Lutheran (1103 School Street in Elk River). We begin at 8:00 with a hot breakfast and at 9:00 the food is distributed. Along with providing our multicultural guests with fruit, vegetables, and bread, we connect and pray with them in the name of Jesus. Please share with your members this opportunity where everyone is welcome. If you have any questions, contact Jodi Benker at [jbenker@izoom.net](mailto:jbenker@izoom.net).



## Backpack Blessings

As the summer winds down and the school year begins, Episcopal congregations are blessing backpacks, gathering school supplies, and enjoying other activities that bring us back together.

At the Church of the Heavenly Rest in New York, Diocese of New York, the congregation has partnered with Harlem Grown, an innovative urban farming organization, to enhance the lives of young people through hands-on

food education and mentorship. Parishioners have regularly worked with the staff and children of the organization on a variety of projects, leading to strong relationships and the promise of nourishment in body, mind, and soul. Heavenly Rest has committed to raising funds for 45 brand new backpacks filled with school supplies for students; in an innovative twist, this project will be accomplished online through an Amazon wish list and bulk purchases. Anne-Marie Witchger, the parish's Outreach Program Coordinator,

notes that the congregation is grateful to partner with such an inspiring and impactful organization, and to be able to offer concrete support to young people in the city.

**St. Matthew's Episcopal Church in Austin, Diocese of Texas, will be hosting a series of events over a Sunday morning to bring the congregation together to build up their community and support their students. The church invited not only their parishioners, but also educators and families from their day school, to come to a joint service that incorporates both their family-centered and more traditional worship. During the service, which has been simultaneously described as both chaotic and amazing, children will come forward to have their backpacks blessed for the school year ahead. At the announcements, the parish's family and children's minister, youth minister, and children's choir minister, along with the head of the day school, will address the congregation, telling them about the year's upcoming events and inviting them to become more fully connected with the community. Following the service, there will be a reception on the playground to help people meet and get to know each other. St. Matthew's hopes that the events of this day will serve to build up their communities, harnessing the day's energy to support the school and parish members in these and other events in their common life.**

This year, the Episcopal Church is compiling resources from and for backpack blessings and school partnerships. Visit <http://www.episcopalchurch.org/backpack-blessings> to access these resources, which include blog posts, blessings, customizable images, and much more. While you're there, don't forget to share your photos and story with the wider Church here: <http://www.episcopalchurch.org/form/photo-submissions>.

## Combined Choir Event

On Sunday, October 8th, the choirs from Elk River Lutheran, Holy Trinity and Union UCC will be singing at all three churches. They will sing "For All the Children" for offertory at Elk River Lutheran's 8:15am service, prelude at Holy Trinity's 10:00am Service and offertory at Union's 10:00am Service.


We will also sing "All Are Welcome" as a congregational hymn at all of the services. Join us for this musical celebration.

The plan is to do another combined choir event on January 28th, 2018.

Sr. Choir Rehearsals will be on Wednesday, September 27th and on October 4th at 6:30pm at Union UCC.

There will be no Contemporary Ensemble rehearsal on Thursday, September 28th.

Thank You,  
Bea Bastyr



If you've ever left your phone at home, you know what it's like when the beginning stage of withdrawal sets in. You panic. You compulsively check your pockets, wondering if someone has texted you. But your pockets are empty. You're disconnected.

The difficulty of going "unplugged," even for a day, is that we crave connection. From our earliest years, the need to belong drives many of our choices. Whether it's an exchanged smile or a Facebook "like," we are thrilled when someone notices and includes us.

As primal as our need for food and shelter, our need to belong is part of what makes us human.

**YOU ARE IMPERFECT, YOU ARE WIRED FOR STRUGGLE, BUT YOU ARE WORTHY OF LOVE AND BELONGING.**

— BRENE BROWN  
AUTHOR, TED TALK SPEAKER

Yet belonging easily escapes us. We are often disappointed by the very people we thought we were most strongly connected to.

What if you found a community that would include you — a place that didn't just welcome you but valued you as you are?

To learn more about a community created for belonging, visit:  
**InvitedToBelong.com**

**RENEW**  
your mind  
Romans 12:2

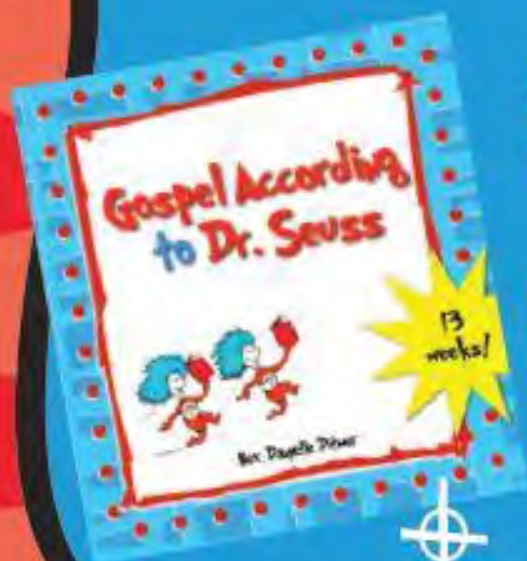
Sunday, September 17, 2017, 10:00 am. Bring a friend, neighbor or relative!



The Great Holy Trinity Fall Get Together!

# Bring the kids! Bring the family!

Sunday, September 10, 2017 • 10:00 am  
Renew Worship Service



Opening Day of 2017-18  
Sunday School and Picnic

Register by calling office  
at 763.441.5482 or in  
person on any Sunday.



**HOLY TRINITY**  
EPISCOPAL CHURCH

Feel The Love!

1326 4th Street NW, Elk River, MN 55330 • [holytrinityelkriver.org](http://holytrinityelkriver.org) • 763-441-5482



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# LITURGY

## 10:00AM HOLY EUCHARIST

September 3rd	10:00am Holy Eucharist
September 10th	10:00am Holy Eucharist Rally/Renew Sunday/ Vestry Picnic
September 17th	10:00am Holy Eucharist/Back to Church Sunday
September 24th	10:00am Holy Eucharist

### *Special Blessings to All our September Birthday Trinitarians!*

02 — Dorothy Jones-Kennison	21 — Rebecca Svoboda
05 — Larwuah Pshorr Russell	25 — David Raitz
07 — Joanie Nichols	26 — Tom Wilson
08 — Sue Nagorski	26 — Lucas Svoboda
13 — Adelle Robinson	28 — Danny Liberto
17 — Pam Toven	29 — Olive Taylor
18 — Debbie Krogman	30 — Torney Marshall

### *Help needed!!!*

We are in desperate need of acolytes of any age and men and women! Please see Fr. Rob or contact the church office.

Childcare  
Acolytes  
Counters

### Contemporary Ensemble and Sr. Choir Rehearsal

Sept. 7th	6:30pm Contemporary Ensemble rehearsal 7:30pm Sr. Choir rehearsal
Sept. 14th	6:30pm Contemporary Ensemble rehearsal 7:30pm Sr. Choir rehearsal
Sept. 21st	6:30pm Contemporary Ensemble rehearsal 7:30pm Sr. Choir rehearsal
Sept. 27th	6:30 Sr. Choir Rehearsal at Union UCC
Sept. 28th	7:30pm Sr. Choir rehearsal

  
**Blessing  
of the Backpacks**  
**September 10, 2017**  
**10:00am**

Altar Guild

Meals on Wheels

Senior Choir  
and Contemporary  
Ensemble Singers and  
Musicians

Chalice  
Bearers  
Acolytes

Feed My Starving  
Children

**Women's Group**

**Men's  
Group**

Gail Weber  
612-850-4250

Call or see  
Cheryl Ecklund  
763-276-1434

Call or see  
Bea Bastyr  
763.441.4068

Contact the Church office

Entire Parish  
Contact the Church office

Call or see  
Linda Krieger  
763-441-7072  
Kate Hansen

Call or see  
Ben Bastyr  
763.441.4068

## Make a Joyful Noise!

Contemporary Ensemble & Senior Choir rehearsals began in September. This year our rehearsals will be on Thursdays: Contemporary Ensemble at 6:30pm, and Senior Choir at 7:30pm. Making music is lots of fun! Come join us!

Any questions? Call Bea at: 763-441-4068





# HOLY TRINITY

## EPISCOPAL CHURCH

## Ministry Rota

If you are unable to fill your volunteer position, please make your own substitution and leave word with the office. Thank you!

Altar Guild	Gail Weber and Scott Svoboda				
	September 3	September 10	September 17	September 24	
Greeter	Dan Krieger	Jeanne Simonsen	Carl Newberg	Ginny Anderson	
Child Care	Alex Stewart	Alex Stewart	Alex Stewart	Alex Stewart	
Usher	Ben Bastyr	Dave Raitz	Wally Kaminsky	Dan Krieger	
Acolyte	Eric Andersen	Deb K./Jon L.	Matt Krieger	Deb Krogman	
Reader 1	Gail Weber	Ken Schultz	Carl Newberg	Ken Schultz	
Reader 2	Melanie Svoboda	Kelly Sisson	Jane Lindenfelser	Rosemary Sobalvarro	
Prayers	Marion Marshall	Linda Krieger	Sherrill Newberg	Linda Krieger	
Chalice 1	Mary Dare	Julie Raitz	Jane Lindenfelser	Mary Dare	
Chalice 2	Marion Marshall	Melanie Svoboda	Molly Liberto	Julie Raitz	
Counter	Sally Lubrant	Deb Krogman	Jennifer Warner	Linda Krieger	
Coffee	Scott/Melanie S.	Rally Sunday	Kate H./Marilyn B.	Ecklunds	
Psalm	Psalm 105:1-6, 23-26, 45c	Psalm 149 or Psalm 119:33-40	Psalm 114 or Psalm 103:(1-7), 8-13	Psalm 105:1-6, 37-45 or Psalm 145:1-8	
Lesson 1	Exodus 3:1-15	Exodus 12:1-14 or Ezekiel 33:7-11	Exodus 14:19-31 or Genesis 50:15-21	Exodus 16:2-15 or Jonah 3:10-4:11	
Lesson 2	Romans 12:9-21	Romans 13:8-14	Romans 14:1-12	Philippians 1:21-30	
Gospel	Matthew 16:21-28	Matthew 18:15-20	Matthew 18:21-35	Matthew 20:1-16	

### HOLY TRINITY EPISCOPAL CHURCH

Priest-in-Charge	Fr. Rob Cavanna	320-339-4852
Parish Admin.	Pam Toven	218-259-6882
Director of Music	Bea Bastyr	763-441-4068
Head Usher	Dan Krieger	763-441-7072
Altar Guild Chair	Gail Weber	612-850-4250
<b>Women's Group</b>	Linda Krieger	763-441-7072
<b>Women's Group Treasurer</b>	Deb Krogman	763-225-7773
<b>Men's Group</b>	Ben Bastyr	763-441-406
Youth	Molly Liberto	763-753-6898

### HTEC VESTRY MEMBERS

Senior Warden	Dan Krieger	763.441.7072 H
Junior Warden	Tim Ecklund	763.276.1434 H
Service	Dick Anderson	612-812-2581 C
Liturgy	Kate Hansen	763-441-6061 H
Education	Molly Liberto	763.753.6898 H
Evangelism	Sue Nagorski	612.868.9263 C
Pastoral Care	Christine Peterson	612-968-3445 H
Treasurer	Jeff Nagorski	763-234-5000 C
Vestry Clerk	Gina Cavanna	320-291-5456 C